



SPEAKER · AI STRATEGY FOR FOUNDER-LED BUSINESSES

Dr. Monica Rysavy

Founder of [Systematic You](#). I help teams sort out what a human should decide and what AI can support.

20+

years in education

30+

publications

500+

citations

Bio

Dr. Monica Rysavy is the founder of Systematic You, an AI strategy practice for founder-led businesses whose product is what they know. Her work turns on the question most companies get wrong: what a human should decide and what AI can support. She maps that line, then designs and guides the systems that hold it.

She came to applied AI through more than 20 years in education, from the classroom to higher education, where she served as a director of institutional research and an assistant professor. She is a peer-reviewed researcher, cited more than 500 times, with published work on educational technology, information literacy, and knowledge management, and she holds a Ph.D. and an Ed.D. alongside a JD in intellectual property law from the University of New Hampshire Franklin Pierce. That research training shows in how she works: she builds real systems rather than demos, including her own AI chief of staff, and she brings a plain-language approach to AI governance for small and mid-size teams, anchored in the NIST AI Risk Management Framework. She has also served as a Chief AI Officer.

Monica has ADHD, and it drives how she builds: AI designed around how people work, not how a product demo assumes they do. Her sessions send audiences home with a framework they can use the next morning, not a prediction about where AI is headed.

SHORT INTRODUCTION FOR YOUR HOST

Please welcome Dr. Monica Rysavy. Monica is the founder of Systematic You, an AI strategy practice for founder-led businesses. She spent more than 20 years in education and has published more than 30 articles, chapters, and books. Today she helps teams sort out what a human should decide and what AI can support.

Book Dr. Monica for your event

Tell me about your audience and your date.

systematicyou.com/speaking
monica@systematicyou.com

Talks

What an AI Chief of Staff Should Take Off Your Plate

What her own AI chief of staff does every day, what it took to build, and where any founder or operations lead can start. First given at Ops Ahoy 2026 in Philadelphia ([see the slides](#)).

For founders, operations leaders, and chiefs of staff

It Looks Done. But Is It Done? Keeping Your Judgment When AI Does the Work

AI is very good at producing work that sounds finished. This talk covers the part it can't do: reading it through, deciding it's right, and standing behind it. Includes plain-language AI rules anchored in the NIST AI Risk Management Framework.

For leadership teams, managers, and HR

Built for the Worst Week: Designing Work That Still Runs When People Aren't at Their Best

Designing work, and AI, around how people really think, on good days and on bad weeks. Grown from her own experience building for a brain with ADHD.

For any audience, especially teams working on accessibility and inclusion

Every talk can be given in person or virtually, as a keynote, a breakout, or a hands-on workshop. Panels and moderation are welcome too.

Where she has spoken

- Ops Ahoy 2026
- American Library Association
- Association of College and Research Libraries
- Association of Research Libraries
- Association for Educational Communications and Technology
- Middle States Commission on Higher Education
- Charleston Library Conference
- SITE and E-Learn conferences
- CUPA-HR
- PETE&C
- Jenzabar Annual Meeting
- Research in Action podcast, Oregon State Ecampus

What people say

"She's approachable and easy to talk to, never condescending about what we don't know, and she meets us exactly where we are."

Trena White, Co-founder and Co-CEO, Page Two

Check my availability

Download this bio anytime at systematicyou.com/speaking.

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